

Welcome

With winter nights coming to an end, we want to take this opportunity to reflect on the fun and exciting activities that took place to kick off the new year at Oakmont Lodge.

From 90th birthdays to football matches, our residents have had an entertaining start to 2023 and we look forward to more adventures as spring blooms.

We hope that you enjoy seeing what our residents and team have been up to, and should you have any feedback or queries, please feel free to reach out to us on 028 91 465 822.

Ashley Robinson

Ashley Robinson,
Residential Manager

Emma Kerrigan

Emma Kerrigan,
Nurse Manager

Fun and games



Whether it's interactive projector games or balloon tennis, our residents love engaging in friendly competition with one another and especially the staff!

We are constantly looking for new ways to improve the wellbeing of our residents, and recently had a dance session to promote self-expression and strengthen our bond.

Life really is more fun when you're playing games!



Love is in the air



Eddie and Myrtle

We are feeling the love at Oakmont Lodge!

Our residents celebrated Valentine's Day with Noel and Janet, who performed live music that everyone enjoyed dancing to, and with some special puppies that brought a smile to everyone's face.

A traditional gentleman, Eddie also gifted his wife Myrtle with a gorgeous bouquet of red roses!



Birthday celebrations



There were lots of birthdays this month at Oakmont Lodge!

We would like to wish Charlie a very happy 90th birthday. To celebrate his special day we had balloons, banners and a delicious cake.



Charlie

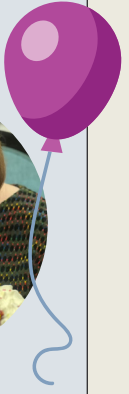
Also, happy birthday to Eileen and Ruby, who were also celebrated in true Oakmont Lodge style, with a jam filled, sprinkle covered cake!



Ruby



Eileen



Gardening galore



Our residents got stuck into some gardening over the past few weeks, planting lots of different seeds.

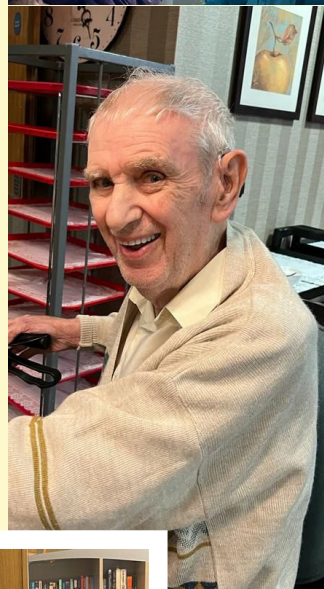
The gardening enthusiasts also got the chance to see some of their hard work come to fruition! With their carrots and brussels sprouts fully grown, the residents thoroughly enjoyed getting stuck into their veggies.



Fine dining

We recently enjoyed a lovely meal at West Church lunch club. Outings such as these are extremely important to our residents as it allows them to forge better friendships through something we all love – good food!

The Oakmont ladies were also treated to a coffee morning at Donaghadee Garden Centre. From fish and chips to pie and mash, the ladies' lunch was a huge success.



Our champion



At Oakmont Lodge we are always proud of our residents for their endeavours, and we believe it's important for the staff to show their support and admiration towards any milestones our residents overcome or succeed in.

Congratulations to Ryan, who was awarded with a plaque for his bocce ball skills, which are so good that he was our bocce ball champion in January!

A dream come true

A true Glentoran fan, Tom was taken to a fantastic match at the teams home ground!

Tom sat in a director's box where he had a perfect view of the match and all the players.

At Oakmont Lodge, person-centred care is at the heart of everything we do and giving residents the chance to do what they love is extremely important to us.



Tom

Upcoming activities

As well as our usual exercise and entertainment activities, we have planned the following events for March, April and May:

- Mens trip out
- Easter activities
- Garden time in the better weather

- More live singers booked in
- Shopping trip for the ladies
- Weekly bingo
- Dog therapy
- Art therapy

