

OAKMONT LODGE CARE HOME

Newsletter June 2022

Welcome

As the weather warms up and the longer evenings are upon us, here at Oakmont Lodge we are welcoming the summer with a whole host of fun activities!

From miniature golf in the garden to days out, there is never a dull moment here!

The safety and wellbeing of our residents remains our top priority, so we are continuing to review our activities and events on a weekly basis and follow stringent Covid-19 measures within the home.

The team at Oakmont Lodge is always contactable should you have any queries, so please feel free to reach out to us on o28 91 465 822.

Annette Martin

Residential Home Manager

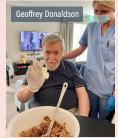
Snap, crackle and pop

We love baking here at Oakmont Lodge and chocolate rice krispie buns were on the menu this month.











Paws for thought



Our residents met some new furry friends recently. There were cuddles all round for Tia the dog, and we also had a visit from Felix the cat, who took a particular shine to resident Hance Stewart!

Pet therapy has a wide range of benefits for all of us including releasing endorphins which can calm us down, reduce stress, alleviate pain and improve our overall psychological state.

They don't say dogs are a man's best friend for nothing!



















The crafty corner



Residents were feeling extra creative this month with all sorts of arts and crafts incorporated into our activity schedule including colouring, finger paints and designing hats.

We think the finished products look terrific. Good work everybody!







Keep your face to the sun

As is evident from Hance and Winifred's happy smiles, the sun certainly brightens our days!

Now that summer is just around the corner, our residents have been enjoying getting out and about in the warmer weather, relaxing in the sun, and soaking up some extra Vitamin D.







Out and about

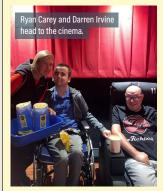
This month, some residents enjoyed a trip to the local pub. Nothing like a good chinwag with friends over your favourite tipple.

Ryan Carey and Darren Irvine opted for a visit to the cinema instead. Popcorn + a good movie = the perfect combination!















Birthday celebrations

There have been plenty of celebrations at Oakmont Lodge over the last number of weeks.

Happy birthday to Linda Stewart, Mary Roberts, Rae Gooding and Tom Cowan who all enjoyed birthdays recently!











One of our staff members at Oakmont Lodge also celebrated a big birthday last month, and our residents couldn't wait to help her mark the occasion.

They sang, danced, and partied all afternoon, before cooling down with some delicious ice-cream.



Settling in

We are thrilled to welcome our four newest residents, Rik Persyn, Pearl Hassard, and Eileen and Dennis Barritt.

Rik has been getting stuck in with arts and crafts, Pearl has been making music, while married couple Eileen & Dennis have been showing us their fabulous dance moves!











Making a difference



Recently, some of the team completed training in dementia with leading training provider Virtual Dementia Tour.

Making a diference in the lives of our residents is at the heart of Oakmont Lodge, which is why we are

always
investing
in our staff
to provide
them with
the skills and
knowledge
required to
meet the
needs of our
residents.



Activities

As well as our usual exercise and entertainment activities, we have planned the following events for June:

- Queen's Jubilee celebrations
- Gardening
- Crawfordsburn Pipe Band
- Road Trips
- Tea party hosted by Ladybird nursery
- Singing by Noel & Janet

We are always keen to coordinate our activities around the interests and hobbies of our residents, so please do let us know if there are any other activities you would like to suggest.





