

Welcome

Happy New Year from Oakmont Lodge!

We hope you had a happy and peaceful Christmas and are as excited for the year ahead as we are!

On Christmas Day, our residents enjoyed a delicious feast complete with all the trimmings, followed by opening gifts and singing some classic Christmas tunes.

And as you will see on the following pages, the home was filled with lots of festive cheer.

As we move into 2022, we are of course extremely mindful of the Covid-19 pandemic and would like to reassure you that we continue to closely follow all public health advice.

While we remain open for visits in line with government guidance, the safety and wellbeing of our residents remains our top priority. Therefore we do ask visitors to continue home-testing and to reconsider their plans for visiting the home should symptoms develop.

If you have any queries about this please do get in touch on 028 91 465 822.

From all of us at Oakmont Lodge, we would like to wish you a very happy and healthy 2022!

Juliet Green

Nursing Home Manager

Annette Martin

Residential Home Manager

Christmas cheer

Here at Oakmont Lodge, we had lots of fun celebrating the festive period. From creating beautiful Christmas decorations and putting the lights on the tree, to fun family visits on Christmas jumper day, celebrations were in full swing throughout the entire month of December.

The children from St Comgall's Primary School also treated the residents to a wonderful performance of their favourite Christmas Carols. Thank you St Comgall's!



St Comgall's Primary School



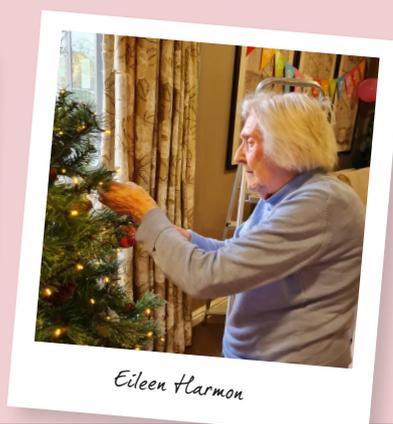
Samantha Barnett & Edna Airey



Eddie Kavanagh visiting his wife Myrtle Kavanagh at home to decorate the xmas tree, with staff members - Caitlin & Sandra



Edna Airey & Rose-Marie Bennett



Eileen Harmon



St Comgall's Primary School



Working out!

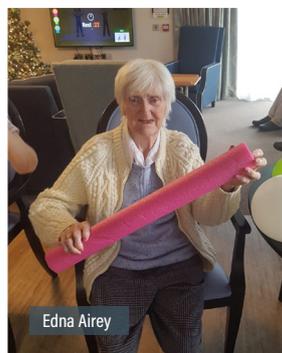


Edna Airey and Rosemary Bennet are getting 2022 off to a great start with their new Chair Exercise programme.

Increased movement, even while seated, has lots of great benefits for our residents, including better flexibility and blood circulation, as well as acting as a mood-booster.



Rose-Marie Bennett



Edna Airey

Edna Airey and Rose-Marie Bennett

“Wine”-ding down

There's nothing like a chinwag over a glass of wine with friends!

Our residents enjoyed a wine and cheese night whilst relaxing and reminiscing about their favourite Christmas memories.



Lynda Stewart and Nan Lilley



Lottie McClements and Annie McKillen



Eileen Harmon



Nan Lilley and Alma Donaldson



Christine Woods and Florence Stanley



Santa graced us with his 'presents'!



We had a brilliant day welcoming Santa as he and his Elf delivered gifts to all the residents at Oakmont Lodge.



Fiona Miles



Janet McVeigh



Sadie Beckett



Winnie Alexander



Rhona Niblock



Darren Irvine



Lorraine Gilmore



Maureen King



Robert McCrory



Jean Henderson



Greta Glover



Ida Hamilton



Ian McManus



Emma Smyth



Elizabeth Bloomer



Eddie Kavanagh



June Magill



David Cockcroft



Grace Gordon



Lila McAuley



Birthday Celebrations

Happy birthday to Betty McKendry, who recently celebrated her 100th birthday!



Betty McKendry



Betty McKendry

Betty enjoyed a fabulous birthday party with her family, and was thrilled to receive a letter from the Queen to mark the occasion.

Lorna Kilpatrick was treated to a delicious homemade birthday cake to celebrate her birthday last month. Happy birthday Lorna, we hope you had a wonderful day!



Lorna Kilpatrick



The fun never stops

And when we didn't have Christmas presents to open, cards to write, or carols to sing, here's what we got up to the rest of December.



Darren, Ryan and Ian

Darren, Ryan and Ian bonded and had a laugh together over their favourite meal; fish and chips!

We also had a visit from Tom the Music Man, and before long everyone was up dancing along to some old favourites.



Geraldine Kelly and Christine Woods

Afterwards, residents enjoyed a delicious Strawberry Tea Party and some fresh homemade lemonade to cool down.



Activities

We have some exciting activities planned for the year ahead that we can't wait to share with you!

Here is a taster of what we have scheduled for the next few weeks:

- Hand Massages and Manicures
- Reminiscence Sessions
- Movie Day
- Singing with David Curry
- Boccia Ball Championship
- Bingo
- Arts and Crafts
- Church Services



Please speak to the team regarding further details about these events and if there are any other activities you would like to suggest.

