

# Cheer-y times at Oakmont Lodge!

Rose-Marie dusted off some pom-poms and got us all on our feet to dance to some Roy Orbison!



Ron Matthews

Rose-Marie Bennett

# And Chill...

The run up to Christmas can be a cold and busy time but our residents still take the time to put their feet up and enjoy a cup of something hot in a comfy chair, and even the odd ice cream cone!



Ruby Campbell

Eileen Harmon

Alan McNally

# Birthdays

Happy birthday Greta Glover who turned 100 last month! Martin Burns from our kitchen made a fabulous cake to mark the occasion and the Mayor of Ards and North Down, Mark Brooks, kindly popped in to join the celebrations!

Emma Smyth was a Queen for the day when she recently celebrated her 41st birthday.



Mayor Mark Brooks, Greta Glover, Juliet Green and Martin Burns



Greta Glover



Emma Smyth

# Activities

As well as our usual exercise and entertainment activities, the following is planned for the next few weeks:

- Wine & Cheese Evening 13th December
- Tom the Music Man 14th December
- Christmas Party Silver Lining Group 16th December
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- Candimoon Christmas Carols 19th December
- Tour of North Down Christmas Lights - Date to be Confirmed

Please speak to the team regarding further details about these events and if there are any other activities you would like to suggest.

# Welcome

Season's greetings to you all!

We can't quite believe it's December and this is the final edition of our newsletter until 2022!

You will notice this newsletter is slightly longer than usual - it has been a busy few weeks for our residents with Hallowe'en, therapy dogs, planespotting and baking to name just some of the activities we have enjoyed.

And now, the festive season has well and truly begun and we are on the countdown to Christmas.

Despite the recent changes regarding Covid-19 regulations for hospitality and travel, visiting guidance for care homes remains unchanged and we are continuing to take all necessary precautions to keep everyone safe.

If you have any queries about visiting the home or treating your loved ones to some time away from the home over the holidays, please do get in touch on 028 91 465 822.

On behalf of all of us here at Oakmont Lodge, we wish you a very merry Christmas and a happy new year!

*Juliet Green*      *Annette Martin*  
 Nursing Home Manager      Residential Home Manager

# Baking Up a Storm

While Storm Arwen was causing havoc outside, our residents rolled up their sleeves to make some cakes and buns for us all to enjoy in the warmth of the home.

With white chocolate and Lotus Biscoff biscuits, it's safe to say they went down an absolute treat! Thanks ladies!



Rosemary Bennett



Jane Mayrs



# Paintbrushes at the ready!

Painting is an excellent activity which everyone can get involved with. It stimulates our creative minds but also relaxes the body and relieves stresses and anxiety.

And the cherry on top is that it results in beautiful, colourful pieces of art to display within our home.



Billy Turner



Lottie McClements



Wynn Gordon

# Trick or Treat...

Hallowe'en at Oakmont Lodge was quite the occasion! We had singing, baking, dancing, arts and crafts, dressing up... we're already planning our costumes and decorations for next year!



Billy Turner



Mary McCoy and Mary Pollard



Rhona Niblock



Geoffrey Donaldson and Billy Turner



Staff with Irene Savage and Ryan Carey



Edna Airey



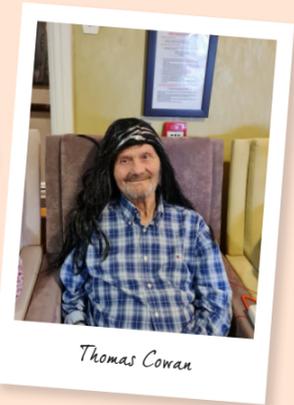
Maureen Gordon and Phylis Bolton



Mal Lennon and Rose-Marie Bennett



Mary McCoy and Alma Donaldson



Thomas Cowan



Margaret Sturdy and Alison Magee



Mary McCoy and Billy Erwin



# Fancy a Cuppa?

There were warm cups of coffee and mince pies all round on a recent trip to Hillmont Garden Centre.



Lottie McClements and Rose-Marie Bennett



Rhona Niblock



Juliet Green and Greta Glover

# We remember

We marked Remembrance Day with a one minute silence and an artistic display of poppies.



# Paws for Thought

Hearts melted when Bruno the sausage dog came to say 'hello' to our residents. Ruby was particularly taken with Bruno and who can blame her?!



Ruby Campbell

# Is it a Bird? Is it a Plane?

We made the most of a crisp, clear day in November to go to Ikea and enjoy watching the planes taking off and landing at Belfast City Airport.



Eileen Harmon

As the planes took off into the sky we couldn't help but speculate and wonder where the lucky passengers were off to!



Rhona Niblock and Mary McCoy



Geoffrey Donaldson and Anne McKillen